

## Habits of Happiness Part 1

Everybody wants to be happy and live a fulfilled life.

### Three laws of happiness:

- Happiness is not a \_\_\_\_\_.
- My \_\_\_\_\_ create my happiness.
- Don't look for happiness, \_\_\_\_\_ it.

### Philippians 1:1–11

### Relational Habits of Happiness:

1. I must be \_\_\_\_\_ for the people in my life. Philippians 1:3, 5
  - When it comes to relationships, remember the best and forget the rest.
  
2. \_\_\_\_\_ with joy for the people in my life. Philippians 1:4
  - The quickest way to change a bad relationship to a good one is to start praying for them.
  
3. Expect the \_\_\_\_\_ from people in my life. Philippians 1:6
  - Celebrate how far people have come, rather than judging them for how far they still have to go.
  
4. \_\_\_\_\_ people in my life. Philippians 1:8
  - When we truly love the people in our lives, we have the ability to overlook their faults. 1 Peter 4:8

Answers: goal; habits; create; thankful; Pray; best; Love