## sermonnotes I Choose: Part 3

In life, you cannot choose what happens to you, but you can always choose how you respond. As we choose to live with gratitude, not only does it change us, but it opens the way for God to work.

Complaint and grumbling are the language of hell, while praise and thanksgiving are the language of heaven. We get to choose which \_\_\_\_\_\_ we speak.

## Exodus 14:10-14

It is amazing how quickly the Israelites forgot what God had done in Egypt to bring about their deliverance. Rather than reflecting and giving thanks, they allowed their present circumstance to generate grumbling and complaining.

## **Crisis of Complaint**

•	Complaint will keep you focused on the negative instead of the (Exodus 14:10)
•	Complaint can distort reality, making things seem than they really are. (Exodus 14:12)
•	Complaint can keep you from seeking the One who has the . (Exodus 14:13)

As you daily process life, you have the choice of gratitude or complaint. The choice you make will shape the life you experience.

•	Gratitude fuels while complaint fuels fear.	
•	Gratitude positions you foropportunity while complaint keeps you from seeing the opportunity.	
•	Gratitude makes you while complaint makes you bitter.	
Choosing Gratitude		
•	Begin your day by giving to God. (Psalm 100:4)	
•	Train yourself to see the even in the bad and give thanks. (1 Thessalonians 5:18)	
•	Be for the little things of life.	
Choosing an attitude of gratitude will not only open your eyes to what you have been blessed with, but it will position you for the good that God desires to bring your way.		

Answers: language; positive; worse; solution; faith; greater; better; thanks; good; grateful



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