

Making Change Stress Is Bad

Debt in our lives generates stress and robs us of life. Have you ever heard anyone say, "My life is better, (or my marriage is better, or my family is better), because of the debt we have"?

We have been deceived to believe that debt is _____ and it is the way we should process life.

Proverbs 22:7 – *"The rich rule over the poor and the borrower is a servant to the lender."*

Matthew 25:21 – *"You have been faithful with a few things; I will put you in charge of many."*

Digging out of Debt:

1. Practice _____.
 - Proverbs 25:28 – *"Like a city whose walls are broken down is a person who lacks self-control."*
 - "If you live like no one else, then one day you can give like no one else." Dave Ramsey
2. Gain financial _____.
 - Many people were never taught how numbers work; therefore, they make poor decisions because of a lack of knowledge.
 - Hosea 4:6 – *"My people are destroyed for a lack of knowledge."*
3. Make a _____.
 - Proverbs 21:5 – *"The plans of the diligent leads to profit as surely as haste leads to poverty."*
 - You can wander into debt, but you never wander out of debt. You can stumble into debt, but you never stumble out of debt.

Answers: normal; self-control; understanding; plan