



“Train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.” (1 Timothy 4:7–8)

The Spiritual Disciplines of simplicity and service help us confront the greatest obstacle to godliness, which is _____ - _____ living.

The Spiritual Discipline of Simplicity

The Spiritual Discipline of simplicity is an inward reality that results in an outward lifestyle. Simplicity _____ our lives so that possessions and pursuits can be genuinely enjoyed without destroying us.

Matthew 6:25–33

The central point for the discipline of simplicity is to seek the kingdom of God and His righteousness first and then everything necessary will come in its proper order. As we live out simplicity we develop...

- A healthy _____ of life.
- A healthy view of _____.
- A healthy stewardship of _____ and talents.

The Spiritual Discipline of Service

“Nothing disciplines the inordinate desires of the flesh like service, and nothing transforms the desires of the flesh like serving in hiddenness.” (Richard Foster)

Matthew 20:24–28

Through the discipline of service, we...

- Follow the _____ of Jesus Christ. (*John 13*)
- Die to _____ as we serve others. (*Philippians 2:3–4*)
- Grow in the grace of _____. (*Philippians 2:3–4*)

“Service is not a list of things that we do, though in it we discover things to do. It is not a code of ethics, but a way of living.” (Richard Foster)

Resources for further study:

The Spirit of the Disciplines by Dallas Willard
Celebration of Discipline by Richard Foster
Spiritual Disciplines for Christian Life by Donald Whitney

Answers: self-centered; reorients; pace; possessions; abilities; model; ourselves; humility



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