

sermonnotes

Unstuck : Part 1



There are two primary choices in life: to accept conditions as they exist, or accept responsibility for changing them. Until we accept responsibility to change, we stay stuck.

When change happens, you have to weigh your options and decide whether you are going to be a victim or _____ of change.

John 13:31–14:4

Jesus was informing his disciples of coming change that would be for their good, but they were resistant to and overwhelmed by the change.

Constructive change generates...

- _____
- _____
- Questions as to the _____
- _____

Constructive change is for your good because it helps you move from where you are to where you are going. Without change we stay stuck and limited in our lives.

Navigating seasons of change

1. Know that change is necessary for _____.
(*Hebrews 6:1*)
 - It is impossible to move forward to embrace the future God has for you and at the same time stay in the same place. Growth requires change.
2. Choose to live with a positive _____.
(*Philippians 4:8*)
 - Even good change can bring negative consequences. As we choose to process life with a positive attitude, we will discover the good even in the difficult.
3. Choose to remain _____. (*Matthew 9:17*)
 - Blessed are the flexible for they will not be broken.

God's plans for you are good, but you will never fully embrace the good until you are willing to change.

Answers: victor; Anxiety; Grief; future; Fear; progress; attitude; flexible



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